



Christianity:

What is the best way for a Christian to show commitment to God?

Topic Overview

- Christians are committed to God and show their commitment in different ways.
- One way is through following the Ten Commandments.
- Many Christians show commitment to God by attending church every Sunday and worshipping God.
- Christians believe that praying to God shows commitment.
- Christians also show commitment through taking Holy Communion. It helps Christians to remember Jesus dying for them on the cross. By taking communion it shows their commitment to God.
- Christians show commitment to God by believing and trusting in Jesus and trying to be like Jesus.
- Some Christians have dedicated their lives to helping others in order to show their love and commitment to God, for example: Martin Luther King, Mother Teresa, Christian charities and even members of the local church.
 - Many Christians will choose to be confirmed (received into the Church as an adult). It enables a baptised person to confirm the promises made on their behalf at baptism. It is a sign of full membership to the Christian community. In confirmation, a baptised person believes that they are receiving the gift of the Holy Spirit.

Links with other religions

- **The Amrit Ceremony/Khalsa** (Sikhism). Sikhs choose to go through the initiation of the Amrit Ceremony to show their commitment to their religion, just as Christians choose to be confirmed.
- **Bar/Bat Mitzvah** (Judaism). The Bar/Bat Mitzvah ceremony shows a commitment to Judaism.
- **Sacred Thread ceremony/Upanayana** (Hinduism). A ceremony for boys in some Hindu communities to confirm they are of an age to take on religious responsibility.
- **Rules** (different religions). Many religions have rules which believers try to follow to show their commitment, for example: The 10 Commandments (Judaism), The Three Golden Rules (Sikhism), The 5 Pillars of Islam (Islam) and The Five Precepts (Buddhism).
- **Shabbat** (Judaism). Jewish people celebrate Shabbat weekly.
- **Prayer** (Judaism). Jews are supposed to pray three times a day; morning, afternoon, and evening.
- **Jumu'ah** (Islam). Many Muslims (especially Muslim men) attend Friday prayer every week at the mosque to remember Allah (God).
- **Salat** (Islam). Salat is the second Pillar of Islam and is the compulsory Muslim prayers, performed five times each day by Muslims.
- **Zakat** (Islam). Zakat is the third Pillar of Islam. Muslims help others by donating 2.5% of their earnings to charity.
- **SEWA** (Sikhism). Sikhs help others by sharing their earnings and giving to Charity as part of SEWA. Many Sikhs donate one-tenth of their income to charity (daswandh).
- **Dana** (Hinduism). Dana (giving) in Hinduism is about giving generously to those in need.
- **Tzedakah** (Judaism). Tzedakah means 'charity.' Giving Tzedakah is one of the most important commandments for Jews. Many Jews keep a tzedakah box in their homes where they collect money for a charity to help others.

Key Vocabulary	Definition
Commitment	A willingness to give your time and energy to a job, activity, or something that you believe in.
Gifts of the Holy Spirit	The gifts are: wisdom, understanding, guidance, strength, knowledge, devotion and fear of the lord.
Prayer	The act of talking to God
The Lord's Prayer	The prayer taught by Jesus to his disciples.
Confirmation	Strengthening or deepening one's commitment to God.
Holy Spirit	The third part of the Trinity; God as spiritually active in the world.
Holy Communion	A Christian ceremony in which bread and wine are consumed in memory of Jesus.

