

This week we are going to build upon last week's PSHCE task by assessing our strengths and talents, and then planning a road-map for what we would like to achieve in the future.

## What Are Your Talents?

Try and think about all the talents you have. A talent is something that you are good at. You will have many talents!

**Draw or write down all the talents you have on the next page.**

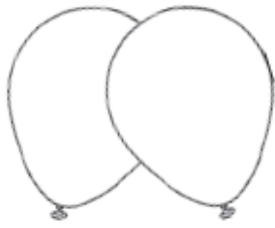
Here are some examples to help you think about your own talents.

**E.g. I am really good at reading.**



**E.g. I am really good at swimming.**





# My Talents Are...



Now that you have thought about all those amazing talents,  
think about how special you are as a person.

**You are very talented!**

Keep the page with all your talents on somewhere safe and add all  
the new talents you develop to the list above.

**Be proud of yourself!**



# My life journey

Name \_\_\_\_\_

At the age of 21 I would like...

At the age of 30 I would like...

At the age of 45 I would like...

At the age of 16 I would like...

At the age of 60 I would like...

At the age of 12 I would like...

At the age of 80 I would like...

