

Anti-Bullying Week



What Is Anti-Bullying Week?

Anti-Bullying Week tells people what bullying is about and the ways we can help stop it from happening. This year, it starts on Monday 15th November and ends on Friday 19th November and the theme is 'One Kind Word'.

What Is Bullying?

Bullying is when someone chooses to hurt someone else many times. Bullying can hurt someone's feelings or their body.

- Hurting someone's body - pushing, pinching, hitting or kicking more than once.
- Hurting someone's feelings - name-calling or teasing more than once.



Where Does Bullying Happen?

Bullying can happen in the classroom or on the playground. Bullying can also happen when playing outside after school or online.



Did You Know...?

A bully might not know how to be a good friend.

Questions

1. When does Anti-Bullying Week start this year? Tick one.

- Friday 19th November
- Monday 15th November
- Wednesday 17th November

2. What is this year's theme for Anti-Bullying Week? Tick one.

- United Against Bullying
- Stop Bullying
- One Kind Word

3. What is bullying? Tick one.

- hurting someone once
- hurting someone many times
- hurting your friend

4. Which one of these is **not** bullying? Tick one.

- playing games
- pinching
- name-calling

5. How can a bully hurt your body? Tick one.

- name-calling
- pushing
- teasing

Anti-Bullying Week - Answers

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- Friday 19th November
- Monday 15th November**
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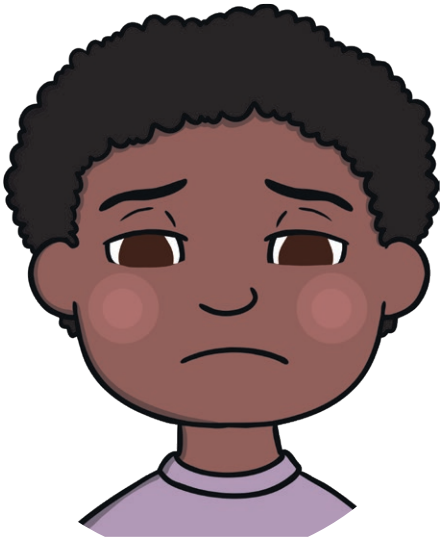
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- teasing

Anti-Bullying Week



What Is Anti-Bullying Week?

Anti-Bullying Week is an annual event. It tells people what bullying is and ways they can help stop it from happening. This year, it runs between Monday 15th November and Friday 19th November 2021. The theme is 'One Kind Word'.

What Is Bullying?

- Bullying is hurting someone's body or feelings more than once. Bullying is not a mistake or an accident.
- Hurting someone on the outside - pushing, pinching, hitting or kicking more than once. It could also be taking or breaking someone's things more than once.
- Hurting someone on the inside - name-calling or teasing someone more than once.



Where Does Bullying Happen?

Bullying can happen in the classroom, on the playground or on the field. Bullying can also happen when playing outside after school or playing an online game with people you know.





One Kind Word

This year's Anti-Bullying Week theme is 'One Kind Word'. Being kind is so important in today's world and it's free. Kindness can change a person's day - it can break the cycle of bullying. Small actions make a big impact - one kind word can give hope.

Did You Know...?

Sometimes, people bully others because they are scared and don't know how to be a good friend. They might not understand how bad they make the person feel.



Questions

1. Find and copy one word which means the same as 'every year'.

2. What does Anti-Bullying Week teach? Tick one.

- Anti-Bullying Week tells people about playgrounds.
- Anti-Bullying Week tells people about online games.
- Anti-Bullying Week tells people about bullying and ways they can stop it from happening.

3. What is bullying? Tick one.

- hurting someone more than once
- hurting someone once
- never hurting someone

4. Draw **four** lines to match the bullying to the action. The first one has been done for you.

pinching	●	hurting someone on the inside
name-calling	●	
teasing	●	hurting someone on the outside
kicking	●	

5. How can you help stop bullying?

Anti-Bullying Week - Answers

1. Find and copy one word which means the same as 'every year'.

annual

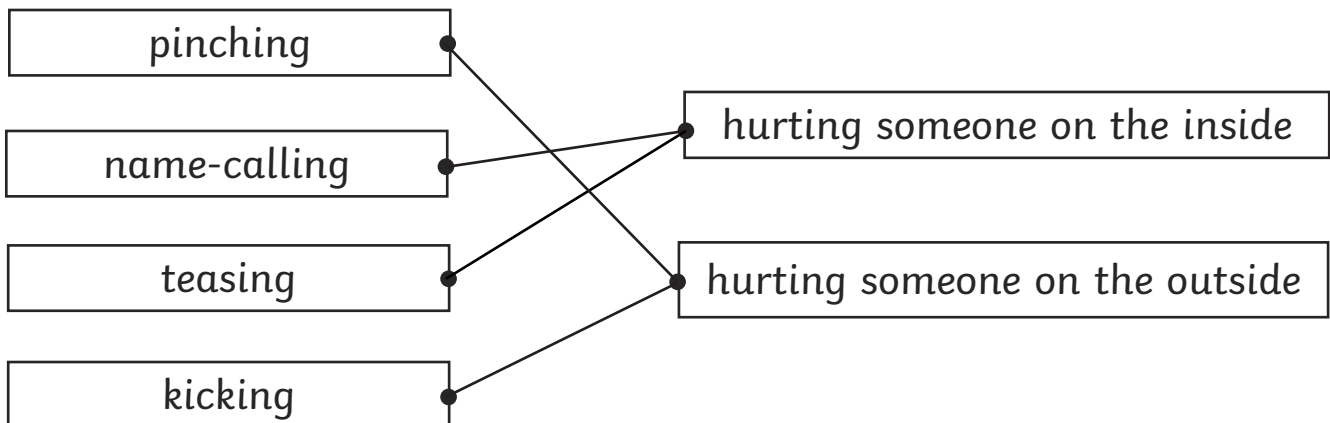
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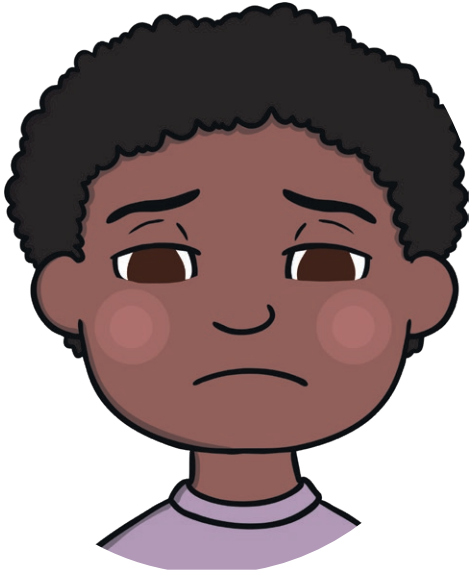
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5. How can you help stop bullying?

Pupils' own responses, such as: If I see a bully, I can tell a teacher or another adult that I trust.

Anti-Bullying Week



What Is Anti-Bullying Week?

Anti-Bullying Week is an annual event that happens every November. It aims to tell people about bullying and ways everyone can help stop it from happening. This year, it is happening between Monday 15th November and Friday 19th November. The theme is 'One Kind Word'.

What Is Bullying?

- Bullying is done on purpose; it is not a mistake. If someone hurts someone else during a game by mistake, that is not bullying. Bullying happens more than once and can hurt someone on the inside or the outside.
- Hurting someone on the outside - this could be pushing, pinching, hitting or kicking someone or taking and breaking someone's things more than once.
- Hurting someone on the inside - this could be name-calling or teasing someone more than once.



Where Does Bullying Happen?

Bullying can happen inside school. It might happen in the classroom, on the playground, on the field or in the toilets. Bullying can also happen outside of school. It might happen when playing outside or when playing an online game with people.



One Kind Word

This year's Anti-Bullying Week theme is 'One Kind Word'. Being kind is so important in today's world and it's free. Kindness can change a person's day; it can break the cycle of bullying. Small actions make a big impact - one kind word can give hope. Anti-Bullying Weeks asks us to, 'Ask if someone's OK. Say you're sorry. Just say hey.'

Did You Know...?

Sometimes, people bully others because they are scared and don't know how to be a good friend. They might not understand how upset and hurt they make the person being bullied feel.



Questions

1. Find and copy one word which means the same as 'every year'.

2. What date does Anti-Bullying Week begin this year? Tick one.

Monday 15th November

All of November

Friday 19th November

3. Fill in the missing word.

If someone hurts someone else during a game by _____, that is not bullying.

4. Put **three** ticks in the table to show which sentences are true and which are false. The first one has been done for you.

Sentence	True	False
Bullying is something that can hurt someone on the inside by hurting their feelings.	✓	
Bullying only happens in school.		
Sometimes, people bully others because they are scared.		
No-one can stop bullying.		

5. How can bullying hurt you?

6. Use the text to explain why you think everyone can help stop bullying.

Anti-Bullying Week - Answers

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annual

2. What date does Anti-Bullying Week begin this year? Tick one.

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Bullying only happens in school.		✓
Sometimes, people bully others because they are scared.	✓	
No-one can stop bullying.		✓

5. How can bullying hurt you?

Bullying can hurt you on the outside or on the inside.

6. Use the text to explain why you think everyone can help stop bullying.

Pupils' own responses, such as: I think everyone can help stop bullying by telling a teacher or another adult that they trust if they see someone getting hurt.