

A Story about Coronavirus and staying healthy at School as things change.



We know that the
Coronavirus is a type of germ that
can make us unwell.

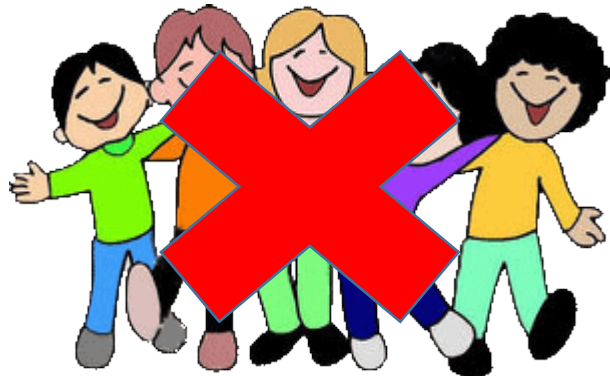
We have had to follow lots of new rules.

The virus is starting to go away and
things are starting to get better.

We still have to follow rules,
but some are now different.



- Some of us can return to school, but not everyone. This may make you feel sad and that's ok.
- The Government and scientists have said we have to have less people in our classrooms, so we can all stay safe.
- To stay safe, you will be split into different classrooms and may not be with your friends. This might make you sad. It's ok to feel sad about this.
- This also means that you may not have your normal teacher and LSA. This may make you feel sad too and that's ok. Talk to your parents or teacher about how you are feeling.



Sometimes you might worry about Coronavirus
and becoming unwell
and what is happening.

It's totally normal to feel a
little worried
about this.



We might still get a cough, feel very hot or unwell.
If we feel unwell we must tell someone.



Things I can do to help stay healthy are...



Have smaller classes. Keep a safe distance away from others. Sneeze into my sleeve or a tissue, put the tissue straight into the bin and then wash my hands.

I must wash my hands regularly with soap for 20 seconds.

You can count or sing any song, so long as it lasts for at least 20 seconds and you must make sure the soap is rubbed all over your hands and fingers.



Moving around the school will be different. There will be a one way system, don't worry there will be signs to follow. We will be at a table on our own, we will have two chairs one for our bag and coat and the other for us to sit on. On your table will be a tray with all the things you will need: pens, pencils, tablet, these will need cleaning each day. Everything else within the classroom will be covered and can't be used. We cannot hug our friends. Playtimes and lunchtimes will be different and everyone in school will not be able to play out together. Lunch will be in the classroom with the adult you are with. The government are telling us all what to do and things are changing all the time, we will talk to you all about what's happening. It's about staying safe and helping each other.



When I do these things I can relax, I
have tried my best to stay well.



This is to help keep
me and others
healthy



When I follow these rules I can
be proud that I am helping.

