

HAND WASHING



Hand washing technique:



1 Palm to palm



2 Right palm over left dorsum and left palm over right dorsum



3 Palm to palm fingers interlaced



4 Backs of fingers to opposing palms with fingers interlocked



5 Rotational rubbing of right thumb clasped in left and vice versa



6 Rotational rubbing, backwards and forwards with clasped fingers of right hand in left palm and vice versa

Reference: Ayliffe GAJ, et al (1992) Control of hospital infections: A practical handbook. Third edition, Chapman and Hall, London